

**InOut**  
ACADEMY



# THE DISTINCTIVE COACHING PROGRAM

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**Step IN with Distinction,  
Float OUT with Excellence!**





# THE BEST INVESTMENT THAT YOU CAN MAKE IS IN YOURSELF

Are you prepared to embark on a path of growth and distinction? Dive into our program and emerge as a beacon of excellence!

## Why Choose Our Program?

- 1- Direction and Control:** Gain a strong sense of direction and control over your life. Our program equips you with tools to navigate life's challenges effectively.
- 2- Passion For People:** If positively influencing others is your passion, this program is your calling. Become a distinctive force for change.
- 3- Success and Competition:** Interested in achieving greatness? Our program hones your competitive edge and propels you toward success.
- 4- Venture Beyond Comfort:** Leave your comfort zone behind. Growth awaits in uncharted territories.
- 5- Real-Life Transformation:** Our program isn't just theoretical; it's about real-life transformation. You'll experience profound shifts in your mindset, skills, and impact on others.

## What You'll Receive:

- **Four Distinct Credentials:** Elevate your life, profession, business, relationships, and spirituality. These credentials are your keys to excellence.
- **Inside-Out Transformation:** Our modules delve deep. Discover inner resources and unleash your potential.
- **Bonus Materials:** As people of value, we offer extras to enhance your experience.

## Modules Overview:

- 1. Mind Mastery:** Develop mental resilience, focus, and clarity.
- 2. Body Balance:** Cultivate physical well-being and vitality.
- 3. Soul Connection:** Explore spirituality and purpose.
- 4. Professional Excellence:** Master coaching techniques and communication skills.





# 1- NLP Practitioner Certification: Unlock Your Potential

**Discover the art of excellence through Neuro-Linguistic Programming (NLP).**

NLP is a powerful method for communication, personal growth, and psychotherapy. It empowers you to consistently achieve specific and desired outcomes by using the language of the mind.

In this program, you will learn how to:

- 1. Understand Your Communication:** Explore how you communicate, adapt, and evolve.
- 2. Master Your Thoughts and Emotions:** Take control of the connection between your thoughts, emotions, and behaviors.
- 3. Boost Self-Confidence:** Unleash your full potential and build unshakable self-confidence.
- 4. Inspire Others:** Learn techniques to inspire and influence those around you.

## **Core Topics in NLP:**

- 1. Basics of NLP:** Dive into the history and background of NLP.
- 2. Rapport Building:** Develop the ability to connect with others quickly.
- 3. Representational Systems:** Understand how you perceive the world through your senses.
- 4. Anchoring:** Control your emotional states and trigger desired emotions.
- 5. Language Patterns:** Use language effectively through reframing, metaphors, and presuppositions.
- 6. Submodalities:** Harness the power of your brain to change perceptions and responses.
- 7. Strategies:** Explore cognitive processes and strategies for achieving goals.
- 8. Belief Systems:** Identify and transform limiting beliefs.
- 9. Parts Integration:** Resolve inner conflicts.
- 10. Phobia/Trauma Techniques:** Rapidly desensitize yourself and reduce emotional intensity associated with phobias or traumatic memories.





***Get ready to transform your life from the inside out!***

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## **2- Time Line Therapy™ Practitioner Certification: Unlock Your Potential**

**Are you ready to unlock the power of your mind and create a future that aligns with your desires?**

The Time Line Therapy™ process empowers you to:

**1. Release Negative Emotions:** Let go of emotional baggage from the past. Say goodbye to limiting decisions that hold you back.

**2. Design Your Ideal Future:** Craft your future exactly as you envision it.

**What You'll Learn:**

### **1. Total Life Control:**

- o Navigate internal blocks, both yours and others'.
- o Eliminate negative emotions, beliefs, and decisions.
- o Make confident choices.
- o Discover your true priorities.
- o Stay motivated on your journey.

### **2. Master Your Internal Time Machine:**

- o Understand how your mind constructs your future.
- o Apply SMART criteria to turn goals into reality.
- o Visualize a compelling, exciting future.



***Get ready to rewrite your story and step into a life of purpose and fulfillment!***

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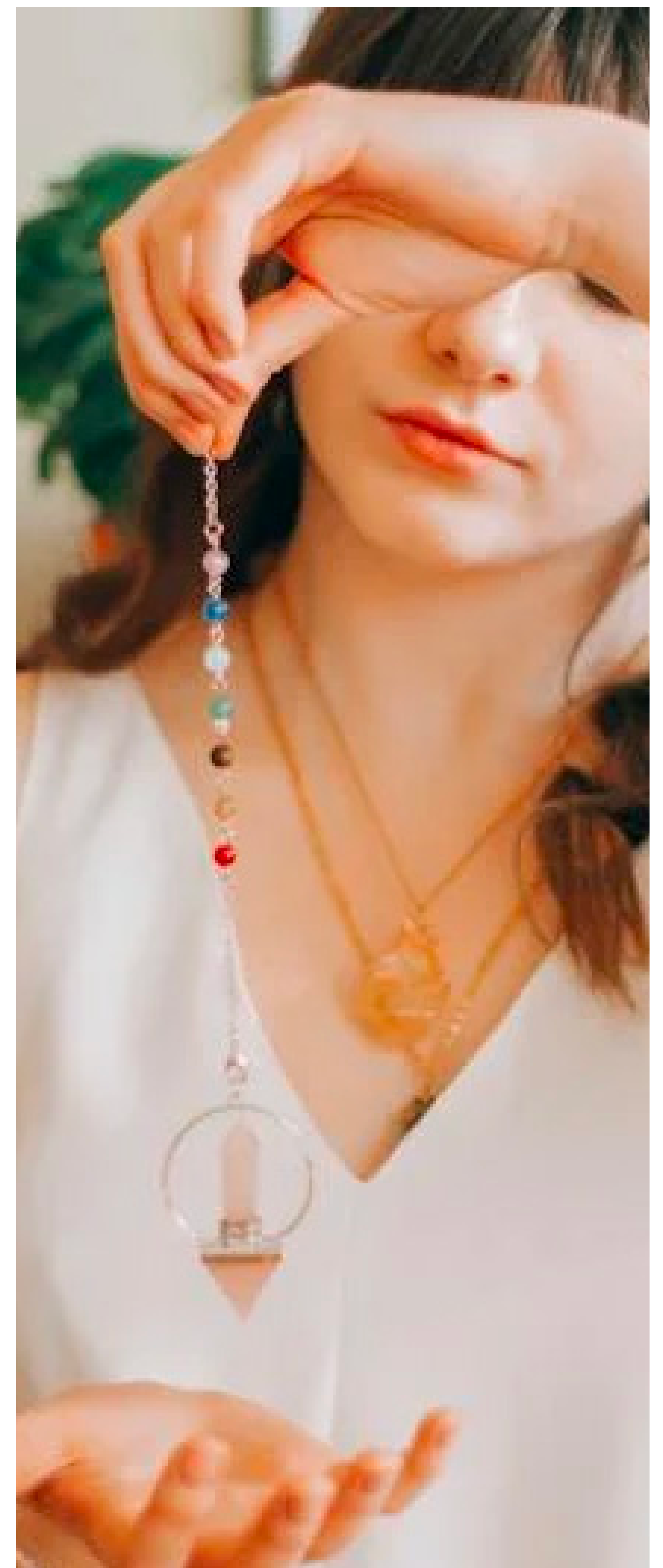


# 3- Hypnotherapy Practitioner Certification: Rewire Your Mind for Success

Hypnosis is a scientifically grounded process. It isn't just about relaxation; it's a powerful tool for transformation. Imagine rewriting the code of your mind, altering habits, and affirming positive change at the deepest level—the unconscious.

## Benefits of HypnoTherapy:

- **Anxiety and Stress Relief:** Address and alleviate anxiety and stress.
- **Phobia Resolution:** Overcome phobias that hinder your progress.
- **Addiction Freedom:** Quit smoking and break free from other addictive patterns.
- **Pain Management:** Effectively manage chronic pain.
- **Performance Enhancement:** Boost confidence and reduce anxiety in sports, public speaking, and other areas.
- **Affirmation Amplification:** Supercharge your affirmations. In the hypnotic state, your mind becomes a fertile ground for positive suggestions.
- **Habit Transformation:** Break free from old patterns. Whether it's quitting smoking, improving sleep, or boosting confidence, hypnosis rewires your neural pathways.
- **Inner Alignment:** Align your conscious desires with your unconscious beliefs. Create harmony within, propelling you toward success.



## Key Topics Covered:

1. **History of Hypnosis:** Explore the origins and evolution of hypnosis.
2. **Milton Model:** Learn influential language patterns for effective communication.
3. **Indirect Linguistic Models:** Understand how language shapes our experiences.
4. **Stages and Suggestibility Tests:** Navigate the hypnotic process.
5. **Induction Techniques:** Master methods to induce a hypnotic state.
6. **Arm Catalepsy:** Witness the mind-body connection.



## 4- NLP Coaching Practitioner Certification: Cultivate Your Inner Roots

NLP Coaching represents a groundbreaking advancement in enhancing human performance. It's not just about coaching; it's about transformation.

### What You'll Discover:

- 1. Root Cause Identification:** Dive deep and uncover the underlying roadblocks that hinder your progress.
- 2. Self-Awareness Amplification:** Develop a profound sense of self-awareness.
- 3. Full Potential Activation:** Tap into your innate abilities for a more fulfilling and satisfying life.



*Get ready to rewrite your mental script and step into a life of purpose and achievement!*

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## Distinctive Coaching Certification: Elevate Every Aspect of Life

Congratulations on your journey toward becoming a Distinctive Coach!



Beyond the core modules, we've enriched your certification with bonus courses that span various dimensions of personal, professional, and spiritual growth.

### Here's a glimpse:

- **Body Language Mastery:** Decode non-verbal cues, enhance communication, and build authentic relationships for professional effectiveness.
- **Mind-Body Connection Exploration:** Dive into holistic well-being by aligning mind and body, reducing stress, and enhancing awareness.

### Who Should Attend This Training?

This transformative certification program is designed for a diverse audience, including:

- **Personal Growth Seekers:** Individuals committed to their own development in areas such as mindset, communication, and well-being.
- **Life Coaches:** Coaches who want to enhance their skills and impact.
- **Socio-Psychological Helpers:** Professionals working in counseling, therapy, or social work.
- **Educators and Teachers:** Those passionate about empowering others.
- **Managers and Employees:** Leaders who seek personal and team growth.
- **Students:** Future leaders eager to learn and apply these principles.

### Accreditation:

Upon the completion of the course requirements, you'll receive accredited certificates from:

- The American Board of NLP
- The Time Line Therapy Association
- The American Board of Hypnotherapy
- The Coaching Division of ABNLP
- The Continuing Professional Development (CPD) - Accredited Certification For Professionals

**Get ready to elevate your coaching journey and make a lasting difference!**

### Distinction Awaits:

**Contact us today and step into your distinctive coaching journey. Let's create ripples of positive change together!**